

# Adobe Audition (Mac) cheat sheet

## Playing and zooming audio

8	Toggle between Waveform and Multitrack Editor
Space	Start and stop playback
Home	Move current-time indicator to beginning of timeline
Cmd + Left arrow	Move current-time indicator to end of timeline
Cmd + Right arrow	Move current-time indicator to previous marker, clip, or selection edge
Ctrl + Right arrow	Move current-time indicator to next marker, clip, or selection edge
Shift + X	Toggle preference for Return CTI To Start Position On Stop
=	Zoom in horizontally
Option + =	Zoom in vertically
-	Zoom out horizontally
Option + -	Zoom out vertically
M or *	Add marker
Cmd + Option + Left arrow	Move to previous marker
Cmd + Option + Right arrow	Move to next marker

## Editing audio files

Shift + R	Repeat previous command (opening its dialog box and clicking OK)
Cmd + R	Repeat previous command (opening its dialog box but not clicking OK)
Shift + T	Open Convert Sample Type dialog box
Shift + P	Capture a noise reduction profile for the Noise Reduction effect
Up arrow	Activate left channel of a stereo file for editing
Down arrow	Activate right channel of a stereo file for editing
Option + Cmd + Up arrow / Down arrow	Make spectral display more logarithmic or linear

arrow

Option +  
Command + Page Up or Option + Command + Page Down

Make spectral display fully logarithmic or linear

Shift + Cmd + Up arrow / Down arrow

Increase or decrease spectral resolution

## Mixing multitrack sessions

Cmd + Shift

Select the same input or output for all audio tracks

Cmd + Shift + Left click

Activate or deactivate Mute, Solo, Arm For Record, or Monitor Input in all tracks

Shift + Move the mouse

Adjust knobs in large increments

Cmd + Move the mouse

Adjust knobs in small increments

Option + ,

Nudge selected clip to the left

Alt + .

Nudge selected clip to the right

Shift + Move the mouse

Maintain keyframe time position or parameter value

Cmd + Move the mouse

Reposition envelope segment without creating keyframe

Source: Adobe help

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More information: [defkey.com/adobe-audition-mac-shortcuts](https://defkey.com/adobe-audition-mac-shortcuts)

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