Adobe Premiere Pro (Windows) cheat sheet

File

Ctrl + Alt + N	Project/Production...
Ctrl + N	Sequence...
Ctrl + T	Title...
Ctrl + O	Open Project/Production...
Ctrl + Alt + O	Browse in Adobe Bridge...
Ctrl + Shift + W	Close Project
Ctrl + W	Close
Ctrl + S	Save
Ctrl + Shift + S	Save As...
Ctrl + Alt + S	Save a Copy...
F5	Capture...
F6	Batch Capture...
Ctrl + Alt + I	Import from Media Browser
Ctrl + I	Import...
Ctrl + M	Media...
Ctrl + Shift + H	Selection...
Ctrl + Q	Exit

Edit

Ctrl + Z	Undo
Ctrl + Shift + Z	Redo
Ctrl + X	Cut
Ctrl + C	Copy
Ctrl + V	Paste
Ctrl + Shift + V	Paste Insert
Ctrl + Alt + V	Paste Attributes
Del	Clear
Shift + Del	Ripple Delete
Ctrl + Shift + /	Duplicate
Ctrl + A	Select All
Ctrl + Shift + A	Deselect All
Ctrl + F	Find...
Ctrl + E	Edit Original
Ctrl + Alt + K	Keyboard Shortcuts

Clip

Ctrl + R	Speed/Duration...
,	Insert
.	Overwrite
Ctrl + G	Group
Ctrl + Shift + G	Ungroup

Sequence

Enter	Render Effects in Work
F	Match Frame
Shift + R	Reverse Match Frame
Ctrl + K	Add Edit
Ctrl + Shift + K	Add Edit to All Tracks
T	Trim Edit
E	Extend Selected Edit to playhead
Ctrl + D	Apply Video Transition
Ctrl + Shift + D	Apply Audio Transition
;	Lift
'	Extract
=	Zoom In
-	Zoom Out
S	Snap

Marker

I	Mark In
O	Mark Out
X	Mark Clip
/	Mark Selection
Shift + I	Go to In
Shift + O	Go to Out
Ctrl + Shift + I	Clear In
Ctrl + Shift + O	Clear Out
Ctrl + Shift + X	Clear In and Out
M	Add Marker
Shift + M	Go to Next Marker
Ctrl + Shift + M	Go to Previous Marker
Ctrl + Alt + M	Clear Current Marker
Ctrl + Alt + Shift + M	Clear All Markers
Type Alignment	
Ctrl + Shift + L	Left
Ctrl + Shift + C	Center

Ctrl + Shift + R	Right
Ctrl + Shift + T	Tab Stops...
Ctrl + J	Templates...
Select	
Ctrl + Alt +]	Next Object Above
Ctrl + Alt + [	Next Object Below
Arrange	
Ctrl + Shift +]	Bring to Front
Ctrl +]	Bring Forward
Ctrl + Shift + [	Send to Back
Ctrl + [	Send Backward
Window	
Shift + 9	Audio Clip Mixer
Shift + 6	Audio Track Mixer
Shift + 5	Effect Controls
Shift + 7	Effects
Shift + 8	Media Browser
Shift + 4	Program Monitor
Shift + 1	Project
Shift + 2	Source Monitor
Shift + 3	Timelines
Ctrl + \	Show/hide application title

Help

F1	Adobe Premiere Pro help
Ctrl + 1	Cut to Camera 1
Ctrl + 2	Cut to Camera 2
Ctrl + 3	Cut to Camera 3
Ctrl + 4	Cut to Camera 4
Ctrl + 5	Cut to Camera 5
Ctrl + 6	Cut to Camera 6
Ctrl + 7	Cut to Camera 7
Ctrl + 8	Cut to Camera 8
Ctrl + 9	Cut to Camera 9
[	Decrease Clip Volume
Shift + [	Decrease Clip Volume Many
Shift + =	Expand All Tracks
Shift + E	Export Frame
Shift + W	Extend Next Edit To Playhead
Shift + Q	Extend Previous Edit To Playhead

Panels

Audio Mixer Panel Menu	
Ctrl + Alt + T	Show/Hide Tracks...
Ctrl + Shift + I	Meter Input Only
Capture Panel	
V	Record Video
A	Record Audio
E	Eject
F	Fast Forward
Q	Go to In point
W	Go to Out point
G	Record
R	Rewind
Left arrow	Step Back
Right arrow	Step Forward
S	Stop
Menu	
Backspace	Remove Selected Effect
Effects Panel Menu	
Ctrl + /	New Custom Bin
Backspace	Delete Custom Item
History Panel Menu	
Left arrow	Step Backward
Right arrow	Step Forward
Backspace	Delete
Shift + O	Open in Source Monitor
Ctrl + Up arrow	Parent Directory
Space	Play
Down arrow	Go to Next Edit Point
Up arrow	Go to Previous Edit Point
Space	Play/Stop Toggle
0	Record On/Off Toggle
Left arrow	Step Back
Right arrow	Step Forward

Tools

V	Selection Tool
A	Track Select Tool
B	Ripple Edit Tool
N	Rolling Edit Tool
R	Rate Stretch Tool
C	Razor Tool
Y	Slip Tool
U	Slide Tool
P	Pen Tool
H	Hand Tool
Z	Zoom Tool

Multi camera

Down arrow	Go to Next Edit Point
Shift + Down arrow	Go to Next Edit Point on Any Track
Up arrow	Go to Previous Edit Point
Shift + Up arrow	Go to Previous Edit Point on Any Track
Shift + End	Go to Selected Clip End
Shift + Home	Go to Selected Clip Start
End	Go to Sequence-Clip End
Home	Go to Sequence-Clip Start
]	Increase Clip Volume
Shift +]	Increase Clip Volume Many
Shift + `	Maximize or Restore Active Frame
`	Maximize or Restore Frame Under Cursor
Shift + +	Minimize All Tracks
Shift + K	Play Around
Ctrl + Shift + Space	Play In to Out
Shift + Space	Play In to Out with Preroll/Postroll
Ctrl + Space	Play from Playhead to Out Point
Space	Play-Stop Toggle
Ctrl + Shift + F	Reveal Nested Sequence
W	Ripple Trim Next Edit To Playhead
Q	Ripple Trim Previous Edit To
	Playhead
1	Select Camera 1
2	Select Camera 2
3	Select Camera 3
4	Select Camera 4
5	Select Camera 5
6	Select Camera 6
7	Select Camera 7
8	Select Camera 8
9	Select Camera 9
Shift + F	Select Find Box
D	Select Clip at Playhead
Ctrl + Down arrow	Select Next Clip
Ctrl + Shift + .	Select Next Panel
Ctrl + Up arrow	Select Previous Clip
Ctrl + Shift + ,	Select Previous Panel
Shift + P	Set Poster Frame
J	Shuttle Left
L	Shuttle Right
Shift + J	Shuttle Slow Left
Shift + L	Shuttle Slow Right
K	Shuttle Stop
Left arrow	Step Back
Shift + Left arrow	Step Back Five Frames - Units
Right arrow	Step Forward
Shift + Right arrow	Step Forward Five Frames - Units
Ctrl + 9	Toggle All Audio Targets
Ctrl + Alt + 9	Toggle All Source Audio
Ctrl + Alt + 0	Toggle All Source Video
Ctrl + 0	Toggle All Video Targets
Shift + S	Toggle Audio During Scrubbing
Ctrl + `	Toggle Full Screen
Shift + 0	Toggle Multi-Camera View
Shift + T	Toggle Trim Type
Ctrl + Left arrow	Trim Backward
Ctrl + Shift + Left arrow	Trim Backward Many
Ctrl + Right arrow	Trim Forward
Ctrl + Shift + Right	Trim Forward Many

arrow	
Ctrl + Alt + W	Trim Next Edit to Playhead
Ctrl + Alt + Q	Trim Previous Edit to Playhead

Project panel

Alt + Shift + 1	Workspace 1
Alt + Shift + 2	Workspace 2
Alt + Shift + 3	Workspace 3
Alt + Shift + 4	Workspace 4
Alt + Shift + 5	Workspace 5
Alt + Shift + 6	Workspace 6
Alt + Shift + 7	Workspace 7
Alt + Shift + 8	Workspace 8
Alt + Shift + 9	Workspace 9
\	Zoom to Sequence
Shift + Up arrow	Extend Selection Up
Down arrow	Move Selection Down
End	Move Selection End
Home	Move Selection Home
Left arrow	Move Selection Left
Page Down	Move Selection Page Down
Page Up	Move Selection Page Up
Right arrow	Move Selection Right
Up arrow	Move Selection Up
Tab	Next Column Field
Enter	Next Row Field
Shift + O	Open in Source Monitor
Shift + Tab	Previous Column Field
Shift + Enter	Previous Row Field
Shift +]	Thumbnail Size Next
Shift + [	Thumbnail Size Previous
Shift + \	Toggle View

Timeline panel

Ctrl + 1	Add Clip Marker
Backspace	Clear Selection
Alt + -	Decrease Audio Tracks Height
Ctrl + -	Decrease Video Tracks Height
Alt + =	Increase Audio Tracks Height
Ctrl + =	Increase Video Tracks Height
Alt + Shift + Left arrow	Nudge Clip Selection Left Five Frames
Alt + Left arrow	Nudge Clip Selection Left One Frame
Alt + Shift + Right arrow	Nudge Clip Selection Right Five Frames
Alt + Right arrow	Nudge Clip Selection Right One Frame
Alt + Backspace	Ripple Delete
Alt + [	Set Work Area Bar In Point
Alt +]	Set Work Area Bar Out Point
Page Down	Show Next Screen
Page Up	Show Previous Screen
Alt + Shift + ,	Slide Clip Selection Left Five Frames
Alt + ,	Slide Clip Selection Left One Frame
Alt + Shift + .	Slide Clip Selection Right Five Frames
Alt + .	Slide Clip Selection Right One Frame
Ctrl + Alt + Shift + Left arrow	Slip Clip Selection Left Five Frames
Ctrl + Alt + Left arrow	Slip Clip Selection Left One Frame
Ctrl + Alt + Shift + Right arrow	Slip Clip Selection Right Five Frames
Ctrl + Alt + Right arrow	Slip Clip Selection Right One Frame

Titler

A	Arc Tool
Ctrl + B	Bold
Alt + Shift + Left arrow	Decrease Kerning by Five Units
Alt + Left arrow	Decrease Kerning by One Unit
Alt + Shift + Down arrow	Decrease Leading by Five Units
Alt + Down arrow	Decrease Leading by One Unit
Ctrl + Alt + Shift + Left arrow	Decrease Text Size by Five Points
Ctrl + Alt + Left	Decrease Text Size by One

arrow	Point
E	Ellipse Tool
Alt + Shift + Right arrow	Increase Kerning by Five Units
Alt + Right arrow	Increase Kerning by One Unit
Alt + Shift + Up arrow	Increase Leading by Five Units
Alt + Up arrow	Increase Leading by One Unit
Ctrl + Alt + Shift + Right arrow	Increase Text Size by Five Points
Ctrl + Alt + Right arrow	Increase Text Size by One Point
Ctrl + Alt + Shift + C	Insert Copyright Symbol
Ctrl + Alt + Shift + R	Insert Registered Symbol
Ctrl + I	Italic
L	Line Tool
Shift + Down arrow	Nudge Selected Object Down by Five Pixels
Down arrow	Nudge Selected Object Down by One Pixel
Shift + Left arrow	Nudge Selected Object Left by Five Pixels
Left arrow	Nudge Selected Object Left by One Pixel
Shift + Right arrow	Nudge Selected Object Right by Five Pixels
Right arrow	Nudge Selected Object Right by One Pixel
Shift + Up arrow	Nudge Selected Object Up by Five Pixels
Up arrow	Nudge Selected Object Up by One Pixel
P	Pen Tool
Ctrl + Shift + D	Position Objects to Bottom Title Safe Margin
Ctrl + Shift + F	Position Objects to Left Title Safe Margin
Ctrl + Shift + O	Position Objects to Top Title Safe Margin
R	Rectangle Tool
O	Rotation Tool
V	Selection Tool
T	Type Tool
Ctrl + U	Underline
C	Vertical Type Tool
W	Wedge Tool

Trim Monitor panel

Alt + 1	Focus Both Outgoing and Incoming
Alt + 3	Focus on Incoming Side
Alt + 2	Focus on Outgoing Side
Ctrl + L	Loop
Alt + Shift + Left arrow	Trim Backward by Large Trim Offset
Alt + Left arrow	Trim Backward by One Frame
Alt + Shift + Right arrow	Trim Forward by Large Trim Offset
Alt + Right arrow	Trim Forward by One Frame

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