

Premiere Rush (Windows) cheat sheet

File menu

Ctrl + N	New > Project
Ctrl + Alt + N	New > Sequence
Ctrl + W	Close Project
Ctrl + E	Share
Alt + F4	Exit

Edit

Ctrl + Z	Undo
Shift + Ctrl + Z	Redo
Ctrl + X	* Cut
Ctrl + C	* Copy
Ctrl + V	* Paste

Note (*): These keyboard shortcuts are applicable for cutting, copying, and pasting text titles only.

Ctrl + A	Select All
Shift + Ctrl + A	Deselect All

Clip menu

E	Separate Audio
S	Split
D	Duplicate
Backspace or Del	Delete
Ctrl + D	Apply Transition

Sequence menu

G	Add Graphics
U	Add Voiceover
Y	Add Media
=	Zoom In
-	Zoom Out
\	Zoom to Fit
Ctrl + Y	Snap
A	Play Audio while Scrubbing
Ctrl + L	Loop

View menu

`	Maximize Preview
Ctrl + 1	Graphics

Ctrl + 2	Transitions
Ctrl + 3	Color
Ctrl + 4	Speed
Ctrl + 5	Audio
Ctrl + 6	Transform
Ctrl + Right arrow	Next Tool
Ctrl + Left arrow	Previous Tool
Ctrl + T	Track Controls
Ctrl + R	Expand Audio

Timeline

Down arrow	Go to Next Edit Point
Up arrow	Go to Previous Edit Point
Ctrl + Down arrow	Go to End of Sequence
Ctrl + Up arrow	Go to Beginning of Sequence
Space	Play/Pause
J	Shuttle Left
L	Shuttle Right
K	Shuttle Stop
Right arrow	Step Forward 1 Frame
Left arrow	Step Back 1 Frame
`	Full Screen
\	Fit Sequence
S	Split
Ctrl + D	Apply Transition
Ctrl + Y	Snap

Large preview

I	Mark In
O	Mark Out
Alt + I	Clear In
Alt + O	Clear Out
Alt + X	Clear In and Out
Esc	Deselect all items
Enter	Back to grid view
Ctrl + Enter	Add selection to timeline

Media Browser

Arrow keys	Navigate Keyboard Focus
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Esc	Deselect All items
Enter	Enter Large Preview
Z	Select / Deselect Focused Asset
Ctrl + A	Select All Assets in Folder
Ctrl + Shift + A	Deselect All Assets in Folder
Ctrl + Enter	Add Selection to Timeline

Source: Adobe

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More information: defkey.com/adobe-premiere-rush-shortcuts

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