

Bear (macOS) cheat sheet

Editor: Text Styles

Option + Cmd + 1	Headings
Option + Cmd + S	Line separator
Cmd + B	Bold
Cmd + I	Italic
Cmd + U	Underline
Shift + Cmd + E	Strikethrough
Cmd + L	Unordered list
Shift + Cmd + U	Quote
Option + Cmd + C	Inline code
Control + Cmd + C	Code block
Shift + Cmd + V	Insert file

More information: defkey.com/bear-macos-shortcuts?filter=basic

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Editor: Structure

Cmd +]	Shift line right
Cmd + [Shift line left

Editor: Lists

Tab	Shift the list element right
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Editor: Dates

Shift + Cmd + 9	Short Form Date (11/07/2017)
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Editor: Zoom

Cmd + +	Zoom in
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Editor: Panels and search

Option + Cmd + F	Search and replace inside the current note
Shift + Cmd + F	Search inside the note list

Navigation

Cmd + A	Select all the notes in the list
Cmd + 6	Select Trash in the sidebar

Window

Source: bear.app

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