



Adobe After Effects 2021 cheat sheet

General

Ctrl + A	Select all
F2 or Ctrl + Shift + A	Deselect all
Enter	Rename selected layer, composition, folder, effect, group, or mask
Num Enter	Open selected layer, composition, or footage item
Ctrl + Alt + Up arrow / Down arrow	Move selected layers, masks, effects, or render items up (forward) down (back) in stacking order
Ctrl + Alt + Shift + Up arrow / Down arrow	Move selected layers, masks, effects, or render items to top (front) or bottom (back) of stacking order
Shift + Down arrow	Extend selection to next item in Project panel, Render Queue panel, or Effect Controls panel
Shift + Up arrow	Extend selection to previous item in Project panel, Render Queue panel, or Effect Controls panel
Ctrl + D	Duplicate selected layers, masks, effects, text selectors, animators, puppet meshes, shapes, render items, output modules, or compositions
Ctrl + Q	Quit
Ctrl + Z	Undo
Ctrl + Shift + Z	Redo
Ctrl + Alt + Num /	Purge All Memory
Esc	Interrupt running a script
Ctrl + Alt + E	Display filename corresponding to the frame at the current time in the Info panel

Projects

Ctrl + Alt + N	New project
Ctrl + O	Open project
Ctrl + Alt + Shift + P	Open most recent project
Ctrl + Alt + Shift + N	New folder in Project panel

Ctrl + Alt + Shift + K	Open Project Settings dialog box
Ctrl + F	Find in Project panel
Alt + Left click	(click bit-depth button at bottom of Project panel) Cycle through color bit depths for project
Left click	(click bit-depth button at bottom of Project panel) Open Project Settings dialog box

Preferences

Ctrl + Alt + ;	Open Preferences dialog box
Ctrl + Alt + Shift	(hold down while starting After Effects) Restore default preferences settings

Panels, viewers, workspaces, and windows

Ctrl + 0	Open or close Project panel
Ctrl + Alt + 0	Open or close Render Queue panel
Ctrl + 1	Open or close Tools panel
Ctrl + 2	Open or close Info panel
Ctrl + 3	Open or close Preview panel
Ctrl + 4	Open or close Audio panel
Ctrl + 5	Open or close Effects & Presets panel
Ctrl + 6	Open or close Character panel
Ctrl + 7	Open or close Paragraph panel
Ctrl + 8	Open or close Paint panel
Ctrl + 9	Open or close Brushes panel
F3 or Ctrl + Shift + T	Open or close Effect Controls panel for selected layer
Ctrl + F11	Open Flowchart panel for project flowchart
Shift + F10 or Shift + F11 or Shift + F12	Switch to workspace
Ctrl + W	Close active viewer or panel (closes content first)
Ctrl + Shift + W	Close active panel or all viewers of type of active viewer (closes content first). For example, if a

	Timeline panel is active, this command closes all Timeline panels.
Ctrl + Alt + Shift + N	Split the frame containing the active viewer and create a viewer with opposite locked/unlocked state
`	Maximize or restore panel under pointer
Ctrl + \	Resize application window or floating window to fit screen. (Press again to resize window so that contents fill the screen.)
Ctrl + Alt + \	Move application window or floating window to main monitor; resize window to fit screen. (Press again to resize window so that contents fill the screen.)
\	Toggle activation between Composition panel and Timeline panel for current composition
Shift + , or Shift + .	Cycle to previous or next item in active viewer (for example, cycle through open compositions)
Alt + Shift + , or Alt + Shift + .	Cycle to previous or next panel in active frame (for example, cycle through open Timeline panels)
Middle click	Activate a view in a multi-view layout in the Composition panel without affecting layer selection

Activate tools

Note: To momentarily activate a tool with a single-letter keyboard shortcut, hold down the key; release the key to return to the previously active tool. To activate a tool and keep it active, press the key and immediately release it.

Alt + Left click	(alt-click tool button in Tools panel) Cycle through tools
V	Activate Selection tool
H	Activate Hand tool
Space or Middle click	Temporarily activate Hand tool
Z	Activate Zoom In tool
Alt	(when Zoom In tool is active)

	Activate Zoom Out tool
W	Activate Rotation tool
Alt + W	Activate Roto Brush tool
Alt + W	Activate Refine Edge tool
C	Activate and cycle through Camera tools (Unified Camera, Orbit Camera, Track XY Camera, and Track Z Camera)
Y	Activate Pan Behind tool
Q	Activate and cycle through mask and shape tools (Rectangle, Rounded Rectangle, Ellipse, Polygon, Star)
Ctrl + T	Activate and cycle through Type tools (Horizontal and Vertical)
G	Activate and cycle between the Pen and Mask Feather tools. (Note: You can turn off this setting in the Preferences dialog box.)
Ctrl	Temporarily activate Selection tool when a pen tool is selected
Ctrl + Alt	Temporarily activate Pen tool when the Selection tool is selected and pointer is over a path (Add Vertex tool when pointer is over a segment; Convert Vertex tool when pointer is over a vertex)
Ctrl + B	Activate and cycle through Brush, Clone Stamp, and Eraser tools
Ctrl + P	Activate and cycle through Puppet tools
Alt	(in shape layer) Temporarily convert Selection tool to Shape Duplication tool
Ctrl	(in shape layer) Temporarily convert Selection tool to Direct Selection tool

Compositions and the work area

Ctrl + N	New composition
Ctrl + K	Open Composition Settings dialog box for selected composition

B	or N: Set beginning or end of work area to current time
Ctrl + Alt + B	Set work area to duration of selected layers or, if no layers are selected, set work area to composition duration
Tab	Open Composition Mini-Flowchart for active composition
Shift + Esc	Activate the most recently active composition that is in the same composition hierarchy (network of nested compositions) as the currently active composition
Ctrl + Shift + X	Trim Composition to work area
Alt + \	New Composition from selection

Time navigation

Alt + Shift + J	Go to specific time
Shift + Home or Shift + End	Go to beginning or end of work area
J	Go to previous visible item in time ruler (keyframe, layer marker, work area beginning or end)
K	Go to next visible item in time ruler (keyframe, layer marker, work area beginning or end)
(Note: Also goes to beginning, end, or base frame of Roto Brush span if viewing Roto Brush in Layer panel.)	
Home or Ctrl + Alt + Left arrow	Go to beginning of composition, layer, or footage item
End or Ctrl + Alt + Right arrow	Go to end of composition, layer, or footage item
Page Down or Ctrl + Right	Go forward 1 frame
Shift + Page Down or Ctrl + Shift + Right	Go forward 10 frames
Page Up or Ctrl + Left	Go backward 1 frame
Shift + Page Up or Ctrl + Shift + Left	Go backward 10 frames
I	Go to layer In point
O	Go to layer Out point

Ctrl + Alt + Shift + Left arrow	Go to previous In point or Out point
Ctrl + Alt + Shift + Right arrow	Go to next In point or Out point
D	Scroll to current time in Timeline panel

Previews

Space or Num 0	Start or stop preview
Alt + Left click	(click Reset in Preview panel) Reset preview settings to replicate RAM Preview and Standard Preview behaviors
Num .	Preview only audio, from current time
Alt + Num .	Preview only audio, in work area
Left click + Move the mouse or Alt + Left click + Move the mouse	Manually preview (scrub) video
Ctrl + Left click + Move the mouse	(drag current-time indicator) Manually preview (scrub) audio
Alt + Num 0	Preview number of frames specified by Alternate Preview preference (defaults to 5)
Num /	Toggle Mercury Transmit video preview
Shift + F5 or Shift + F6 or Shift + F7 or Shift + F8	Take snapshot
F5 or F6 or F7 or F8	Display snapshot in active viewer
Ctrl + Shift + F5 or Ctrl + Shift + F6 or Ctrl + Shift + F7 or Ctrl + Shift + F8	Purge snapshot
Ctrl + Alt + 1	Fast Previews > Off
Ctrl + Alt + 2	Fast Previews > Adaptive Resolution
Ctrl + Alt + 3	Fast Previews > Draft
Ctrl + Alt + 4	Fast Previews > Fast Draft
Ctrl + Alt + 5	Fast Previews > Wireframe

Views

Shift + Num /	Turn display color management on or off for active view
Alt + 1 or Alt + 2 or Alt + 3 or Alt + 4	Show red, green, blue, or alpha channel as grayscale
Alt + Shift + 1 or Alt + Shift + 2 or Alt + Shift + 3	Show colorized red, green, or blue channel
Alt + Shift + 4	Toggle showing straight RGB color
Alt + 5	Show alpha boundary (outline between transparent and opaque regions) in Layer panel
Alt + 6	Show alpha overlay (colored overlay on transparent regions) in Layer panel
Alt + X	Show Refine Edge X-ray
Double click	(double-click Hand tool) Center composition in the panel
.	Zoom-in in Composition, Layer, or Footage panel
,	Zoom-out in Composition, Layer, or Footage panel
/	Zoom to 100% in Composition, Layer, or Footage panel
Shift + /	Zoom to fit in Composition, Layer, or Footage panel
Alt + /	Zoom up to 100% to fit in Composition, Layer, or Footage panel
Ctrl + J or Ctrl + Shift + J or Ctrl + Alt + J	Set resolution to Full, Half, or Custom in Composition panel
Ctrl + Alt + U	Open View Options dialog box for active Composition panel
=	Zoom in time
-	Zoom out time
;	Zoom in Timeline panel to single-frame units (Press again to zoom out to show entire composition duration.)
Shift + ;	Zoom out in Timeline panel to show the entire composition duration (Press again to zoom back in to the duration specified by the Time Navigator.)

Caps Lock	Prevent images from being rendered for previews in viewer panels
'	Show or hide safe zones
Ctrl + '	Show or hide grid
Alt + '	Show or hide proportional grid
Ctrl + R	Show or hide rulers
Ctrl + ;	Show or hide guides
Ctrl + Shift + '	Turn snapping to grid on or off
Ctrl + Shift + ;	Turn snapping to guides on or off
Ctrl + Alt + Shift + ;	Lock or unlock guides
Ctrl + Shift + H	Show or hide layer controls (masks, motion paths, light and camera wireframes, effect control points, and layer handles)

Footage

Ctrl + I	Import one file or image sequence
Ctrl + Alt + I	Import multiple files or image sequences
Double click	(double-click the footage item in the Project panel) Open movie in an After Effects Footage panel
Ctrl + /	Add selected items to most recently activated composition
Ctrl + Alt + /	Replace selected source footage for selected layers with footage item selected in Project panel
Alt + Left click + Move the mouse	(drag footage item from Project panel onto selected layer) Replace source for a selected layer
Ctrl + Backspace	Delete a footage item without a warning
Ctrl + Alt + G	Open Interpret Footage dialog box for selected footage item
Ctrl + Alt + C	Remember footage interpretation
Ctrl + E	Edit selected footage item in application with which it's associated (Edit Original)
Ctrl + H	Replace selected footage item

Ctrl + Alt + L	Reload selected footage items
Ctrl + Alt + P	Set proxy for selected footage item

Effects and animation presets

Ctrl + Shift + E	Delete all effects from selected layers
Ctrl + Alt + Shift + E	Apply most recently applied effect to selected layers
Ctrl + Alt + Shift + F	Apply most recently applied animation preset to selected layers

Layers

Ctrl + Y	New solid layer
Ctrl + Alt + Shift + Y	New null layer
Ctrl + Alt + Y	New adjustment layer
[Num 0 - 9]	Select layer (1-999) by its number (enter digits rapidly for two-digit and three-digit numbers)
Shift + [Num 0 - 9]	Toggle selection of layer (1-999) by its number (enter digits rapidly for two-digit and three-digit numbers)
Ctrl + Down arrow	Select next layer in stacking order
Ctrl + Up arrow	Select previous layer in stacking order
Ctrl + Shift + Down arrow	Extend selection to next layer in stacking order
Ctrl + Shift + Up arrow	Extend selection to previous layer in stacking order
Ctrl + Shift + A	Deselect all layers
X	Scroll topmost selected layer to top of Timeline panel
Shift + F4	Show or hide Parent column
F4	Show or hide Layer Switches and Modes columns
Alt + B	Setting the sampling method for selected layers (Best/Bilinear)
Alt + Shift + B	Setting the sampling method for selected layers (Best/Bicubic)

Alt + Left click	(click solo switch) Turn off all other solo switches
Ctrl + Alt + Shift + V	Turn Video (eyeball) switch on or off for selected layers
Ctrl + Shift + V	Turn off Video switch for all video layers other than selected layers
Ctrl + Shift + Y	Open settings dialog box for selected solid, light, camera, null, or adjustment layer
Ctrl + Alt + V	Paste layers at current time
Ctrl + Shift + D	Split selected layers. (If no layers are selected, split all layers.)
Ctrl + Shift + C	Precompose selected layers
Ctrl + Shift + T	Open Effect Controls panel for selected layers
Double click	(double-click a layer) Open layer in Layer panel (opens source composition for precomposition layer in Composition panel)
Alt + Double click	(double-click a layer) Open source of a layer in Footage panel (opens precomposition layer in Layer panel)
Ctrl + Alt + R	Reverse selected layers in time
Ctrl + Alt + T	Enable time remapping for selected layers
[or]	Move selected layers so that their In point or Out point is at the current time
Alt + [or Alt +]	Trim In point or Out point of selected layers to current time
Alt + Left click	(click stopwatch) Add or remove expression for a property
Double click	(double-click effect selection in Effects & Presets panel) Add an effect (or multiple selected effects) to selected layers
Ctrl + Shift + , or Ctrl + Alt + ,	Set In point or Out point by time-stretching
Alt + Home	Move selected layers so that their In point is at beginning of composition
Alt + End	Move selected layers so that their Out point is at end of composition

Ctrl + L	Lock selected layers
Ctrl + Shift + L	Unlock all layers
Ctrl + U or Ctrl + Shift + U or Ctrl + Alt + Shift + U	Set Quality to Best, Draft, or Wireframe for selected layers
Shift + - or Shift + =	Cycle forward or backward through blending modes for selected layers
Ctrl + F	Find in Timeline panel
Ctrl + F or Ctrl + F	Find in Timeline panel
Ctrl + `	Toggle expansion of selected layers to show all properties
Ctrl + Left click	(click triangle to the left of the property group name) Toggle expansion of property group and all child property groups to show all properties
A	Show only Anchor Point property (for lights and cameras, Point Of Interest)
L	Show only Audio Levels property
F	Show only Mask Feather property
M	Show only Mask Path property
T then T	Show only Mask Opacity property
T	Show only Opacity property (for lights, Intensity)
P	Show only Position property
R	Show only Rotation and Orientation properties
S	Show only Scale property
R then R	Show only Time Remap property
F then F	Show only instances of missing effects
E	Show only Effects property group
M then M	Show only mask property groups
A then A	Show only Material Options property group
E then E	Show only expressions
U	Show properties with keyframes
U then U	Show only modified properties
P then P	Show only paint strokes, Roto

	Brush strokes, and Puppet pins
L then L	Show only audio waveform
S then S	Show only selected properties and groups
Alt + Shift + Left click	(click property or group name) Hide property or group
Shift + Left click	(click property or group shortcut) Add or remove property or group from set that is shown
Alt + Shift + [A - Z]	(hit the property shortcut key) Add or remove keyframe at current time

Showing properties in the Effect Controls panel

Ctrl + `	Toggle expansion of selected effects to show all properties
Ctrl + Left click	(click triangle to the left of the property group name) Toggle expansion of property group and all child property groups to show all properties

Modifying layer properties

Left click + Move the mouse	(drag property value) Modify property value by default increments
Shift + Left click + Move the mouse	(drag property value) Modify property value by 10x default increments
Ctrl + Left click + Move the mouse	(drag property value) Modify property value by 1/10 default increments
Ctrl + Alt + O	Open Auto-Orientation dialog box for selected layers
Ctrl + Shift + O	Open Opacity dialog box for selected layers
Ctrl + Shift + R	Open Rotation dialog box for selected layers
Ctrl + Shift + P	Open Position dialog box for selected layers
Ctrl + Home	Center-selected layers in view (modifies Position property to place anchor points of selected layers in center of current view)

Ctrl + Alt + Home	Center anchor point in the visible content
Arrow keys	Move selected layers 1 pixel at current magnification (Position)
Shift + Arrow keys	Move selected layers 10 pixels at current magnification (Position)
Alt + Page Up / Down	Move selected layers 1 frame earlier or later
Alt + Shift + Page Up / Down	Move selected layers 10 frames earlier or later
Num + or Num -	Increase or decrease Rotation (Z Rotation) of selected layers by 1°
Shift + Num + or Shift + Num -	Increase or decrease Rotation (Z Rotation) of selected layers by 10°
Ctrl + Alt + Num + or Ctrl + Alt + Num -	Increase or decrease Opacity (or Intensity for light layers) of selected layers by 1%
Ctrl + Alt + Shift + Num + or Ctrl + Alt + Shift + Num -	Increase or decrease Opacity (or Intensity for light layers) of selected layers by 10%
Ctrl + Num + or Ctrl + Num -	Increase Scale of selected layers by 1%
Ctrl + Num - or Alt + Num -	Decrease Scale of selected layers by 1%
Ctrl + Shift + Num + or Alt + Shift + Num +	Increase Scale of selected layers by 10%
Ctrl + Shift + Num - or Alt + Shift + Num -	Decrease Scale of selected layers by 10%
Shift + Left click + Move the mouse	(drag with Rotation tool) Modify Rotation or Orientation in 45° increments
Shift + Left click + Move the mouse	(drag layer handle with Selection tool) Modify Scale, constrained to footage frame aspect ratio
Double click	(double-click Rotation tool) Reset Rotation to 0°
Double click	(double-click Selection tool) Reset Scale to 100%
Ctrl + Alt + F	Scale and reposition selected layers to fit composition
Ctrl + Alt + Shift +	Scale and reposition selected

H	layers to fit composition width, preserving image aspect ratio for each layer
Ctrl + Alt + Shift + G	Scale and reposition selected layers to fit composition height, preserving image aspect ratio for each layer

3D layers

F10	Switch to 3D view 1 (defaults to Front)
F11	Switch to 3D view 2 (defaults to Custom View 1)
F12	Switch to 3D view 3 (defaults to Active Camera)
Esc	Return to previous view
Ctrl + Alt + Shift + L	New light
1	Switch to Orbit camera control
2	Switch to Pan camera control
3	Switch to Dolly camera control
Ctrl + Alt + Shift + C	New camera
V	Switch to Universal gizmo
4	Switch to Position gizmo
5	Switch to Scale gizmo
6	Switch to Rotation gizmo
Ctrl + Alt + Shift + \	Move the camera and its point of interest to look at selected 3D layers
F	With a camera tool selected, move the camera and its point of interest to look at selected 3D layers
Ctrl + Shift + F	With a camera tool selected, move the camera and its point of interest to look at all 3D layers
Alt + Shift + C	Turn Casts Shadows property on or off for selected 3D layers

Keyframes and the Graph Editor

Shift + F3	Toggle between Graph Editor and layer bar modes
Left click	(click property name) Select all

keyframes for a property

Ctrl + Alt + A	Select all visible keyframes and properties
Shift + F2 or Ctrl + Alt + Shift + A	Deselect all keyframes, properties, and property groups
Alt + Left arrow / Right arrow	Move keyframe 1 frame earlier or later
Alt + Shift + Left arrow / Right arrow	Move keyframe 10 frames earlier or later
Ctrl + Alt + K	Set interpolation for selected keyframes (layer bar mode)
Ctrl + Alt + H	Set keyframe interpolation method to hold or Auto Bezier
Ctrl + Left click	(click in layer bar mode) Set keyframe interpolation method to linear or Auto Bezier
Ctrl + Alt + Left click	(click in layer bar mode) Set keyframe interpolation method to linear or hold
F9	Easy ease selected keyframes
Shift + F9	Easy ease selected keyframes in
Ctrl + Shift + F9	Easy ease selected keyframes out
Ctrl + Shift + K	Set velocity for selected keyframes
Alt + Shift + [A - Z]	(press property shortcut letter) Add or remove keyframe at current time. For property shortcuts, see Showing properties and groups in the Timeline panel (keyboard shortcuts).

Text

Ctrl + Alt + Shift + T	New text layer
Ctrl + Shift + L or Ctrl + Shift + C or Ctrl + Shift + R	Align selected horizontal text left, center, or right
Ctrl + Shift + L or Ctrl + Shift + C or Ctrl + Shift + R	Align selected vertical text top, center, or bottom
Shift + Left arrow / Right arrow	Reduce or extend selection by one character to left or right in

horizontal text

Ctrl + Shift + Left arrow / Right arrow	Reduce or extend selection by one word to left or right in horizontal text
Shift + Up arrow / Down arrow	Extend or reduce selection by one line up or down in horizontal text
Shift + Left arrow / Right arrow	Reduce or extend selection by one line to left or right in vertical text
Ctrl + Shift + Up arrow / Down arrow	Extend or reduce selection one word up or down in vertical text
Shift + Up arrow / Down arrow	Extend or reduce selection by one character up or down in vertical text
Shift + Home or Shift + End	Select text from insertion point to beginning or end of line
Home or End	Move insertion point to beginning or end of line
Double click	(double-click text layer) Select all text on a layer
Ctrl + Shift + Home or Ctrl + Shift + End	Select text from insertion point to beginning or end of text frame
Shift + Left click	To mouse-click point, select text from insertion point
Left arrow / Right arrow	In horizontal text, move insertion point one character left or right
Up arrow / Down arrow	In horizontal text, move insertion point one line up or down
Ctrl + Left arrow / Right arrow	In horizontal text, move insertion point one word left or right
Ctrl + Up arrow / Down arrow	In horizontal text, move insertion point one paragraph left or right
Up arrow / Down arrow	In vertical text, move insertion point one character up or down
Left arrow / Right arrow	In vertical text, move insertion point one left or right
Ctrl + Up arrow / Down arrow	In vertical text, move insertion point one word up or down
Ctrl + Left arrow / Right arrow	In vertical text, move insertion point one paragraph left or right
Double click	(with Type tool) Select word
Click three times	(with Type tool) Select line

(rapidly)

Double click then Double click	(quadruple-click with Type tool) Select paragraph
Double click then Double click then Left click	(quintuple-click with Type tool) Select entire text frame
Ctrl + Shift + K	Turn All Caps on or off for selected text
Ctrl + Alt + Shift + K	Turn Small Caps on or off for selected text
Ctrl + Shift + =	Turn Superscript on or off for selected text
Ctrl + Alt + Shift + =	Turn Subscript on or off for selected text
Ctrl + Shift + X	Set horizontal scale to 100% for selected text
Ctrl + Alt + Shift + X	Set vertical scale to 100% for selected text
Ctrl + Alt + Shift + A	Auto leading for selected text
Ctrl + Shift + Q	Reset tracking to 0 for selected text
Ctrl + Shift + J	Justify paragraph; left align last line
Ctrl + Alt + Shift + J	Justify paragraph; right align last line
Ctrl + Shift + F	Justify paragraph; force last line
Ctrl + Shift + ,	Decrease font size of selected text by 2 units
Ctrl + Shift + .	Increase font size of selected text by 2 units
Ctrl + Alt + Shift + , or Ctrl + Alt + Shift + .	Decrease or increase font size of selected text by 10 units
Alt + Up arrow / Down arrow	Decrease or increase leading by 2 units
Ctrl + Alt + Up arrow / Down arrow	Increase or decrease leading by 10 units
Alt + Shift + Up arrow / Down arrow	Increase or decrease baseline shift by 2 units
Ctrl + Alt + Shift + Up arrow / Down arrow	Increase or decrease baseline shift by 10 units

Alt + Left arrow / Right arrow	Decrease or increase kerning or tracking 20 units (20/1000 ems)
Ctrl + Alt + Left arrow / Right arrow	Decrease or increase kerning or tracking 100 units (100/1000 ems)
Ctrl + Alt + Shift + T	Toggle paragraph composer

Masks

Ctrl + Shift + N	New mask
Alt + Left click	(click mask) Select all points in a mask
Alt + ` or Alt + Shift + `	Select next or previous mask
Double-click mask with Selection tool or select mask in Timeline panel and press Ctrl+T: Enter free-transform mask editing mode	
Esc	Exit free-transform mask editing mode
Ctrl + Left click + Move the mouse	(drag) Scale around center point in Free Transform mode
Arrow keys	Move selected path points 1 pixel at current magnification
Shift + Arrow keys	Move selected path points 10 pixels at current magnification
Ctrl + Alt + Left click	(click vertex) Toggle between smooth and corner points
Ctrl + Alt + Left click + Move the mouse	(drag vertex) Redraw Bezier handles
Ctrl + Shift + I	Invert selected mask
Ctrl + Shift + F	Open Mask Feather dialog box for selected mask
Ctrl + Shift + M	Open Mask Shape dialog box for selected mask
S	Subtract mode
D	Darken mode
F	Difference mode
A	Add mode
I	Intersect mode
N	None

Paint tools

X	Swap paint background color and foreground colors
D	Set paint foreground color to black and background color to white
Alt + Left click	Set foreground color to the color currently under any paint tool pointer
Ctrl + Alt + Left click	Set foreground color to the average color of a 4-pixel x 4-pixel area under any paint tool pointer
Ctrl + Left click + Move the mouse	(drag) Set brush size for a paint tool
Ctrl+drag, then release Ctrl while dragging: Set brush hardness for a paint tool	
Shift	(Hold Shift while beginning stroke) Join current paint stroke to the previous stroke
Alt + Left click	Set starting sample point to point currently under Clone Stamp tool pointer
Ctrl + Shift	Momentarily activate Eraser tool with Last Stroke Only option
Alt + Shift + Left click + Move the mouse	(drag with with Clone Stamp tool) Show and move overlay (change Offset value of aligned Clone Stamp tool or change Source Position value of unaligned Clone Stamp tool)
3 or 4 or 5 or 6 or 7	Activate a specific Clone Stamp tool preset
Alt + Left click	(click the button for the preset) Duplicate a Clone Stamp tool preset in Paint panel
[Num 1 - 9]	(for example, 9=90%, 1=10%) Set opacity for a paint tool
Num .	Set opacity for a paint tool to 100%
Shift + [Num 1 - 9]	(for example, 9=90%, 1=10%) Set flow for a paint tool
Shift + Num .	Set flow for a paint tool to 100%
Ctrl + Page Up / Down or 1 or 2	Move earlier or later by number of frames specified for stroke Duration

Shape layers

Ctrl + G	Group selected shapes
Ctrl + Shift + G	Ungroup selected shapes
Select Path property in Timeline panel and press Ctrl+T: Enter free-transform path editing mode	
Page Up	(when dragging to create shape) Increase star inner roundness
Page Down	(when dragging to create shape) Decrease star inner roundness
Up arrow	(when dragging to create shape) Increase number of points for star or polygon; increase roundness for rounded rectangle
Down arrow	(when dragging to create shape) Decrease number of points for star or polygon; decrease roundness for rounded rectangle
Space	(hold when dragging to create shape) Reposition shape during creation
Left arrow	(when dragging to create shape) Set rounded rectangle roundness to 0 (sharp corners); decrease polygon and star outer roundness
Right arrow	(when dragging to create shape) Set rounded rectangle roundness to maximum; increase polygon and star outer roundness
Shift	(when dragging to create shape) Constrain rectangles to squares; constrain ellipses to circles; constrain polygons and stars to zero rotation
Ctrl	(when dragging to create shape) Change outer radius of star

Markers

Num *	Set marker at current time (works during preview and audio-only preview)
Alt + Num *	Set marker at current time and open marker dialog box
Shift + [0 - 9]	Set and number a composition

	marker (0-9) at the current time
[0 - 9]	Go to a composition marker (0-9)
Alt + Left click	(click the markers or keyframes) Display the duration between two layer markers or keyframes in the Info panel
Ctrl + Left click	(click marker) Remove marker

Motion tracking

Arrow keys	Move feature region, search region, and attach point 1 pixel at current magnification
Shift + Arrow keys	Move feature region, search region, and attach point 10 pixels at current magnification
Alt + Arrow keys	Move feature region and search region 1 pixel at current magnification
Alt + Shift + Arrow keys	Move feature region and search region 10 pixels at current magnification

Saving, exporting, and rendering

Ctrl + S	Save project
Ctrl + Alt + Shift + S	Increment and save project
Ctrl + Shift + S	Save As
Ctrl + Shift + /	Add active composition or selected items to render queue
Ctrl + Alt + S	Add current frame to render queue
Ctrl + Shift + D	Duplicate render item with same output filename as original
Ctrl + Alt + M	Add a composition to the Adobe Media Encoder encoding queue

Source: Adobe

Last modification: 2022-03-07 10:42:23

More information: defkey.com/eo/adobe-after-effects-cc-2021-shortcuts

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