



Zoom (Mac) cheat sheet

Meeting

Cmd + J	Join Meeting
Cmd + Control + V	Start Meeting
Cmd + J	Schedule Meeting
Cmd + Control + S	Screen Share via Direct Share
Cmd + Shift + A	Mute/unmute audio
Cmd + Control + M	Mute audio for everyone except the host (only available to the host)
Cmd + Control + U	Unmute audio for everyone except host (only available to the host)
Space	Push to talk
Cmd + Shift + V	Start/stop video
Cmd + Shift + N	Switch camera
Cmd + Shift + S	Start/stop screen share
Cmd + Shift + T	Pause or resume screen share
Cmd + Shift + R	Start local recording
Cmd + Shift + C	Start cloud recording
Cmd + Shift + P	Pause or resume recording
Cmd + Shift + W	Switch to active speaker view or gallery view, depending on current view
Control + P	View previous 25 participants in gallery view
Control + N	View next 25 participants in gallery view
Cmd + U	Display/hide Participants panel
Cmd + Shift + H	Show/hide In-Meeting Chat Panel
Cmd + I	Open invite window
Option + Y	Raise hand/lower hand
Control + Shift + R	Gain remote control
Control + Shift + G	Stop remote control
Cmd + Shift + F	Enter or exit full screen
Cmd + Shift + M	Switch to minimal window
Control + Option + Cmd + H	Show/hide meeting controls
Control + /	Toggle the "Always Show meeting controls" options in Settings/Accessibility
Cmd + W	Prompt to End or Leave Meeting

Chat

Cmd + K	Jump to chat with someone
Cmd + T	Screenshot

General

Cmd + W	Close the current window
Cmd + L	Switch to Portrait or Landscape View, depending on current view
Control + T	Switch from one tab to the next

Source: Zoom

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More information: defkey.com/es/zoom-video-mac-shortcuts

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