

Escape from Tarkov cheat sheet

General

Shift	Hold Shift while zoomed in with right click to hold breath and steady aim
B	Switch between fire modes
L	Inspect your weapon and look for your firing mode
Tab	Open inventory
Alt + T	Take out the mag and estimate the remaining ammo
Shift + T	Look into the chamber to see if there is a bullet
R then R	Quick reload. This will toss mag on the ground for a quicker reload. Do not forget to pick up your mag afterwards
R + Wheel up and wheel down	Selective reload
T	Toggle flashlight
Ctrl + T	Toggle laser sight
Alt + Right click	Switch reticles in your red dot sight
Ctrl + Right click	Switch between stacked sights / scopes
G	Throw grenades
[0 - 9]	You can drag and drop items from your tactical rig or pockets onto your quick access bar (keys 1 through 0), this also applies to grenades
[0 - 9]	Select a grenade from your quick access bar (keys 1 through 0) to take it into hands to be able to time your throw
0	See the remaining time of the raid and get a feel for if it is still worth to check on the early objectives
Shift	Sprint (make sure Hold to Sprint/hold breath setting in Settings > Controls is enabled)
C	Crouch
X	Go prone. When prone, return to your previous stance

C + Wheel up and wheel down	Move through your stance from standing to crouching to prone
Caps Lock	Instantly go to minimum speed. Press again to return to your previous speed
Alt + Q	Lean left
Alt + E	Lean right
Alt + A	Do a slow left lean
Alt + D	Do a slow right lean
Alt + W	Blind fire above you
Alt + S	Blind fire to your left
Alt + L	Fold / unfold your stock
V then V	Quick melee attack while holding a firearm
N	Lower your helmet visor
Y	Mumble, if AI is nearby, they will respond to you with a voice line

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More information: defkey.com/escape-from-tarkov-shortcuts

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