

General

Win + Ctrl + Enter	Start or exit Narrator
Caps Lock + Esc	Exit Narrator
Caps Lock + M	Start reading
Ctrl	Stop reading
Caps Lock + Space	Start or exit scan mode
Caps Lock + Right arrow	Move to next item
Caps Lock + Left arrow	Move to previous item
Caps Lock + Up arrow / Down arrow	Change view
Caps Lock + F1	Show Narrator commands list
Caps Lock + F2	Show commands for current item
Caps Lock + Enter	Do primary action
Caps Lock + Shift + Enter	Open search mode
Caps Lock + A	Change verbosity mode
Caps Lock + Ctrl + +	Increase verbosity
Caps Lock + Ctrl + -	Decrease verbosity
Caps Lock + Alt + + or Caps Lock + Alt + -	Change punctuation mode
Caps Lock + Z	Lock the Narrator key (Caps Lock) so you don't have to press it for every keyboard shortcut
Caps Lock + X	Have Narrator ignore the next keyboard shortcut you use
Caps Lock + F12	Turn keystroke reading off or on
Caps Lock + Shift + F12	Turn on developer mode
Caps Lock + V	Repeat phrase
Caps Lock + Page Up	Increase voice volume
Caps Lock + Page Down	Decrease voice volume
Caps Lock + +	Increase voice speed
Caps Lock + -	Decrease voice speed

Caps Lock + D	Read item
Caps Lock + F or	Read next or previous group of
Caps Lock + Shift + F	formatting info
Caps Lock + S	Read item spelled out
Caps Lock + W	Read window
Caps Lock + R	Read all items in the containing
	area
Caps Lock + Num Lock	Turn mouse mode on or off
Caps Lock + Q	Move to last item in the containing area
Caps Lock + G	Move Narrator cursor to system cursor
Caps Lock + T	Read current window title
Caps Lock + ~	Set focus to item
Caps Lock + Backspace	Go back one item
Caps Lock + Insert	Jump to linked item
Caps Lock + F10	Read current row header
Caps Lock + F9	Read current column header
Caps Lock + F8	Read current row
Caps Lock + F7	Read current column
Caps Lock + F5	Read current row and column location
Caps Lock + F6	Jump to table cell
Caps Lock + Shift + F6	Jump to cell contents
Caps Lock + F3	Jump to next cell in current row
Caps Lock + Shift + F3	Jump to previous cell in current row
Caps Lock + F4	Jump to next cell in current column
Caps Lock + Shift + F4	Jump to previous cell in current column
Caps Lock + Close	square bracket (]) Read text from start to cursor
Caps Lock + 0	(zero) Get advanced info about text
Caps Lock + H	Read document
Caps Lock + Ctrl + U	Read current page

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Caps Lock + U	Read next page
Caps Lock + Shift + U	Read previous page
Caps Lock + Ctrl + I	Read current paragraph
Caps Lock + I	Read next paragraph
Caps Lock + Shift + I	Read previous paragraph
Caps Lock + Ctrl + O	Read current line
Caps Lock + O	Read next line
Caps Lock + Shift + O	Read previous line
Caps Lock + Ctrl + P	Read current word
Caps Lock + P	Read next word
Caps Lock + Shift + P	Read previous word
Caps Lock + Ctrl + [Read current character
Caps Lock + [Read next character
Caps Lock + Shift + [Read previous character
Caps Lock + Y	Move to beginning of text
Caps Lock + B	Move to end of text
Caps Lock + J	Jump to next heading
Caps Lock + Shift + J	Jump to previous heading
Caps Lock + K	Jump to next table
Caps Lock + Shift + K	Jump to previous table
Caps Lock + L	Jump to next link
Caps Lock + Shift + L	Jump to previous link
Caps Lock + C	Read current date and time
Press Caps lock twi lock on or off	ce in quick succession Turn Caps
Caps Lock + E	Give negative feedback
Caps Lock + Shift + E	Give positive feedback
Caps Lock + E	(tapped twice in quick succession) Open the feedback dialog

Caps Lock + Ctrl + Up arrow	Go to parent (only when Structural Navigation is provided by the app)
Caps Lock + Ctrl + Right arrow	Go to next sibling (only when Structural Navigation is provided by the app)
Caps Lock + Ctrl + Left arrow	Go to previous sibling (only when Structural Navigation is provided by the app)
Caps Lock + Ctrl + Down arrow	Go to first child (only when Structural Navigation is provided by the app)
Caps Lock + N	Move to main landmark
Caps Lock + /	Read context
Caps Lock + Ctrl + /	Change whether context is read before or after the current item
Caps Lock + Alt + /	Change how much context is read

Scan mode keyboard commands

To turn scan mode on and off, press Caps lock + Spacebar. Use the following keyboard commands when scan mode is turned on.

Up arrow / Down arrow	Move to the next or previous line of text in an app or webpage	
Left arrow / Right arrow	Move to the next or previous character in an app or webpage	
Space	Activate an item that you want to use, such as a button or text box	
Enter	If supported, perform secondary action on an item	
Ctrl + Left arrow / Right arrow	Move to the next or previous word	
Home	Move the Narrator cursor to the start of a line	
End	Move the Narrator cursor to the end of a line	
Ctrl + Home	Move the Narrator cursor to the first line of text and then read it	
Ctrl + End	Move the Narrator cursor to the last line of text and then read it	
Number keys 1 to 9 or Shift + numbers keys: 1 to 9 Move to next or previous heading level 1 through 9		
B or Shift + B	Move to next or previous button	

С	Move to the next combo box
Shift + C	Move to the previous combo box
D	Move to the next or previous landmark
E	Move to the next edit box
Shift + E	Move to previous edit box
F	Move to the next form field
Shift + F	Move to the previous form field
H or Alt + Down arrow or Shift + H or Alt + Up arrow	Move to next or previous heading
I	Move to the next item
Shift + I	Move to the previous item
K or Shift + K	then Alt + Down arrow or Alt + Up arrow: Move to the next or previous link
P or Shift + P	then Alt + Up arrow or Alt + Down arrow: Move to the next or previous paragraph
R	Move to the next radio button
Shift + R	Move to the previous radio button
Т	Move to the next table
Shift + T	Move to the previous table
х	Move to the next check box
Shift + X	Move to the previous check box
Ctrl + Alt + Right arrow	Move to the next cell in a row
Ctrl + Alt + Left arrow	Move to the previous cell in a row
Ctrl + Alt + Up arrow	Move to the previous cell in a column
Ctrl + Alt + Down arrow	Move to the next cell in a column
Caps Lock + F5	Announce location in table
Caps Lock + F9	Announce column header
Caps Lock + F10	Announce row header
Caps Lock + F7	Read the current table column from start to finish
Caps Lock + F8	Read the current table row from start to finish

Touch or drag a single finger: Read what's under your finger

Double-tap or hold with one finger and then tap anywhere on the screen with a second finger: Activate primary action

Triple-tap or hold with one finger and then double-tap anywhere on the screen with a second finger: Activate secondary action

Hold with one finger and then tap anywhere on the screen with two fingers: Start dragging or extra key options

Flick left or right with one finger: Move to next or previous item

Flick up or down with one finger: Change view

Tap once with two fingers: Stop Narrator from reading

Tap once with three fingers: Change verbosity mode

Tap once with four fingers: Show Narrator commands for the current item

Double-tap with two fingers: Show context menu

Double-tap with three fingers: Read text attributes

Double-tap with four fingers: Open search mode

Tap three times with four fingers: Show all Narrator commands

Swipe left, right, up, or down with two fingers: Scroll Swipe left or right with three fingers: Tab forward or backward

Swipe up with three fingers: Read current window

Swipe down with three fingers: Start reading on explorable text

Swipe up or down with four fingers: Turn semantic zoom on or off where supported

Swipe left or right with four fingers: Move Narrator cursor to beginning or end of unit

Source: Microsoft

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More information: defkey.com/ja/narrator-shortcuts

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Narrator touch gestures