

Loom cheat sheet

Desktop application (Windows)

Ctrl + Shift + L	Start / Stop recording
Alt + Shift + P	Pause / Resume recording
Alt + Shift + C	Cancel recording
Ctrl + Alt + C	Confetti
Ctrl + Shift + R	Quick restart
Ctrl + Shift + 1	Full-screen screenshot
Ctrl + Shift + 2	Selected area screenshot

Chrome extension (Windows)

Alt + Shift + L	Activate the extension
Alt + Shift + P	Pause / Resume recording
Alt + Shift + C	Cancel recording

Desktop application (macOS)

Cmd + Shift + L	Start / Stop recording
Option + Shift + P	Pause / Resume recording
Option + Shift + C	Cancel recording
Cmd + Control + C	Confetti
Cmd + Shift + R	Quick restart
Cmd + Shift + 1	Full-screen screenshot
Cmd + Shift + 2	Selected area screenshot

Chrome extension (macOS)

Option + Shift + L	Activate the extension
Option + Shift + P	Pause / Resume recording
Option + Shift + C	Cancel recording

Controlling videos

Right arrow or L	Jump forward 10 seconds
Left arrow or J	Jump backward 10 seconds
.	Step forward 1 second
,	Step back 1 second
K or Space	Play / Pause
F	Toggle full-screen
Up arrow / Down arrow	Volume increase / decrease

Source: Loom support

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More information: defkey.com/loom-video-shortcuts

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