

Phasmophobia cheat sheet

General

E	Pick up items
G	Drop item
Q	Switch items
Left click	Toggle light switch
Left click	Hold to open door
Left click + Move the mouse	Hold and move mouse back and forward to rotate objects
Right click	Primary action
F	Secondary action
L	Open log book
C	Toggle crouch
Shift	Run
T	Flashlight
J	Journal
V	Local push to talk
B	Global push to talk

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More information: defkey.com/phasmophobia-shortcuts

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