Reserved Mac cheat sheet

Shortcuts used by the system

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Cmd + Space	Show or hide the Spotlight search field (when multiple languages are installed, may rotate through enabled script systems).
Shift + Cmd + Space	Varies. Apple Reserved.
Option + Cmd + Space	Show the Spotlight search results window (when multiple languages are installed, may rotate through keyboard layouts and input methods within a script).
Control + Cmd + Space	Show the Special Characters window.
Shift + Tab	Navigate through controls in a reverse direction.
Cmd + Tab	Move forward to the next most recently used app in a list of open apps.
Option + Cmd + Esc	Open the Force Quit dialog.
Control + Shift + Cmd + 3	Capture the screen to the Clipboard.
Control + Shift + Cmd + 4	Capture a selection to the Clipboard.
Control + Option + Cmd + 8	Invert the screen colors.
Option + Cmd + D	Show or hide the Dock.
Shift + Cmd + Q	Log out the current user.
Option + Shift + Right arrow	Extend selection to the end of the current word, then to the end of the next word.

Expected shortcuts

These shortcuts aren't used by system, but they're expected to provide similar functionality among the programs. Therefore it's better if you avoid giving them to different functions in your software.

Cmd + H	Hide the windows of the currently running app.
Option + Cmd + H	Hide the windows of all other running apps.
Option + Cmd + M	Minimize all windows of the active app to the Dock.
Option + Cmd + T	Show or hide a toolbar.

Reserved international shortcuts

These keyboard shortcuts are reserved by system for the use with localized versions of the system, localized keyboards, keyboard layouts and input methods. Therefore again, you wouldn't want to use these key combinations in your application.

Other considerations

There are some recommendations from Apple when it comes to defining keyboard shortcuts for your program. Here are some of them:

Keyboard shortcuts for standard menu items should be consistent in all apps.

Source: Apple Human Interface Guidelines

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More information: defkey.com/reserved-apple-macos-shortcuts?filter=basic

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