

The Forest cheat sheet

Menu

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I	Inventory
B	Survival Book

Movement

Left Shift	Run / Sprint / Swim fast (has a toggle option)
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World

E	Take item / Interact
C	Store item
Z	Sleep
C	Save
L	Lighter / Torch
P	Utility (select last left handed item)
M	Map (if obtained)
1	Item slot 1
3	Item slot 3
Q	Walky talky
\	Check arm for cold / blood / mud
G	Drop / stow held item

Build

E	Build
C	Auto / custom mode

Inventory

Left Ctrl	Batch: Super fast placement of items
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Multiplayer

Enter	Send message to players
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Unlisted shortcuts

~	Open console
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Last modification: 12/26/2019 3:23:32 PM

More information: defkey.com/the-forest-