

The Medium (PC) cheat sheet

General

W	Go forward
S	Go backward
D	Go right
A	Go left
E	Climb
Left Shift	(hold) Run
C	Sneak toggle
F	(hold) Out of Body Experience
Left Alt	(hold) Hold Breath
Esc	Open/Close Pause Menu
Tab	Open Inventory
Left click	Interact (Material World)
Right click	Interact (Spirit World)
R	Transcription / Read
Q	Back / Exit
Left Ctrl	(hold) Insight
Middle click	(hold) Spirit Shield
Space	(hold) Spirit Blast

Customizing key bindings

If you'd like to change some of the key assignments, you can do so in Controls menu.

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More information: defkey.com/the-medium-bloober-team-shortcuts

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